



Dunsborough Gym
 30 Faure Lane
 (off Commonage Road)
 Mob:0409138037

GROUP FITNESS TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6.00am	Boxing Circuit	X training	Metafit	X training	Boxing Circuit	
7.30am						Yoga
9.30am			Yoga		Yoga	
9.30am						
10.30am						
4.00pm						
4.30pm						
5.30pm	Boxing Circuit	Yoga	Boxing Circuit	Yoga		
6.00pm						
6.30pm						

**Classes are subject to change or could be altered at any stage due to instructors availablity or class numbers. No classes will be held on Public Holidays.*